

# "Move More"

## Individual Pedometer Agreement

This agreement is drawn between Somerset Heart Health and \_\_\_\_\_, a "Move More" participant at  
*(Please Print Name)*

Address \_\_\_\_\_ Phone Number \_\_\_\_\_  
to use a "Move More" Pedometer beginning on \_\_\_\_\_ for a period of 6 weeks.

The participant:

- May receive a pedometer upon enrolling in the "Move More" program.
- Is eligible to keep the pedometer as long as they complete and submit their 6 week physical activity record.
- Is requested to return the pedometer if it is not being used so that others can utilize them.

If the pedometer is lost or broken from *improper use*, by signing this document you are agreeing to pay a replacement fee of \$10.00 payable to Somerset Heart Health.

Somerset Heart Health is providing you with a pedometer, safety strap, directions for use and technical support as necessary.

\_\_\_\_\_  
Kristie LeBlanc, Somerset Heart Health,  
Physical Activity Program Coordinator  
474-7473 x. 204

\_\_\_\_\_  
Date

\_\_\_\_\_  
Pedometer Lessee

\_\_\_\_\_  
Date



